



# ELEMENTARY FEBRUARY 2025

## MONDAY

**3** **BREAKFAST**  
WAFFLE OR CEREAL  
LUNCH  
**OPTION 1:** SPAGHETTI WITH MEAT BALLS WITH MARINARA  
**OPTION 2:** CHEF'S SALAD  
LETTUCE, TURKEY, BACON, EGG, CHEDDAR, CUCUMBER, TOMATO GARBANZO BEANS, CROUTON

**10** **BREAKFAST**  
APPLE OATMEAL BAR OR CEREAL  
LUNCH  
**OPTION 1:** MINI CHICKEN CORN DOG, WAFFLE FRIES  
**OPTION 2:** SUNBUTTER AND JELLY KIT CHEESE STICK, CARROTS, CUCUMBERS & TOMATO

**17** **NO SCHOOL**  
  
HAPPY Presidents Day

**24** **BREAKFAST**  
CONCHA OR CEREAL AND YOGURT  
LUNCH  
**OPTION 1:** BEEF CHEESEBURGER CHEDDAR CHEESE  
**OPTION 2:** TURKEY & CHEDDAR MEAL KIT CARROTS, CUCUMBERS, TOMATO



## TUESDAY

**4** **BREAKFAST**  
TURKEY SAUSAGE, EGG & CHEESE SANDWICH OR CONCHA  
LUNCH  
**OPTION 1:** CHICKEN & CHEESE ENCHILADAS, BEANS & RICE  
**OPTION 2:** ROAST BEEF SANDWICH LETTUCE & TOMATO

**11** **BREAKFAST**  
CHOCOLATE BENEFIT BAR OR CONCHA  
LUNCH  
**OPTION 1:** CHICKEN SANDWICH BACON & SWISS CHEESE  
**OPTION 2:** ROAST BEEF SANDWICH CHEDDAR LETTUCE, TOMATO

**18** **BREAKFAST**  
MAPLE WAFFLE OR BACON, EGG & CHEESE BREAKFAST SANDWICH  
LUNCH  
**OPTION 1:** CHICKEN NACHOS BEANS, CHEESE & FRITOS  
**OPTION 2:** CHICKEN SOBA NOODLE SALAD CUCUMBER, EDAMAME, CABBAGE, CARROT, GREEN ONION, SESAME SEED

**25** **BREAKFAST**  
BAGEL & CREAM CHEESE OR CINNAMON ROLL  
LUNCH  
**OPTION 1:** BEEF NACHOS, REFRIED BEANS, CHEESE, TORTILLA CHIPS  
**OPTION 2:** TURKEY PROVOLONE SANDWICH LETTUCE TOMATO



## WEDNESDAY

**5** **BREAKFAST**  
CINNAMON ROLL OR BAGEL & CREAM CHEESE  
LUNCH  
**OPTION 1:** CHICKEN CORN DOG  
**OPTION 2:** TURKEY & CHEDDAR KIT CHEESE STICK, CARROT, CUCUMBER, TOMATO & CRACKER

**12** **BREAKFAST**  
FRENCH TOAST OR BLUEBERRY BREAD  
LUNCH  
**OPTION 1:** BEEF CHEESEBURGER CHEDDAR CHEESE  
**OPTION 2:** TURKEY AND CHEDDAR SANDWICH LETTUCE, TOMATO

**19** **BREAKFAST**  
FRENCH TOAST OR CONCHA  
LUNCH  
**OPTION 1:** PANCAKE, TURKEY SAUSAGE, SCRAMBLED EGG, TATER TOTS  
**OPTION 2:** CHICKEN COBB SALAD BACON, EGG, GREENS, TOMATO, CUCUMBER, CHEDDAR & CROUTONS

**26** **BREAKFAST**  
EGG & CHEESE BREAKFAST SANDWICH OR CONCHA  
LUNCH  
**OPTION 1:** CHICKEN TENDERS TATER TOTS  
**OPTION 2:** CHICKEN CAESAR SALAD ROMAINE, TOMATO, CROUTON, LITE PARMESAN DRESSING



## THURSDAY

**6** **BREAKFAST**  
MARBLE BREAD OR CEREAL  
LUNCH  
**OPTION 1:** CHEESEBURGER ANGUS BEEF & CHEDDAR CHEESE  
**OPTION 2:** ROAST CHICKEN MAC N CHEESE

**13** **BREAKFAST**  
PANCAKE OR CONCHA  
LUNCH  
**OPTION 1:** CHICKEN TENDERS TATER TOTS  
**OPTION 2:** GRILLED CHICKEN SANDWICH CHEDDAR, LETTUCE, TOMATO


**20** **BREAKFAST**  
MARBLE BREAD OR CINNAMON ROLL  
LUNCH  
**OPTION 1:** CHICKEN ASADA BEAN AND CHEESE BURRITO  
**OPTION 2:** PERSIAN CHICKEN KABOB PEAS & STEAMED RICE

**27** **BREAKFAST**  
BLUEBERRY WAFFLE OR STRAWBERRY BREAKFAST BAR  
LUNCH  
**OPTION 1:** TURKEY HOT DOG & WAFFLE FRIES  
**OPTION 2:** CHINESE CHICKEN SALAD GREENS, CARROT, EDAMAME, CUCUMBER, GINGER HOISIN DRESSING, WG SNACK



## FRIDAY

**7** **BREAKFAST**  
STRAWBERRY BREAKFAST BAR OR PANCAKES  
LUNCH  
**OPTION 1:** CHICKEN TENDERS & WAFFLE FRIES  
**OPTION 2:** TURKEY & SWISS SANDWICH LETTUCE & TOMATO

**14**   
**NO SCHOOL**

**21** **BREAKFAST**  
CONCHA OR TURKEY SAUSAGE, EGG & CHEESE BREAKFAST SANDWICH  
LUNCH  
**OPTION 1:** CHICKEN CORN DOG WITH MARINARA SAUCE  
**OPTION 2:** CHICKEN CLUB SANDWICH BACON, LETTUCE & TOMATO

**28** **BREAKFAST**  
TURKEY SAUSAGE, EGG & CHEESE BREAKFAST SANDWICH OR PANCAKE  
LUNCH  
**OPTION 1:** BEEF & CHEESE ENCHILADAS CORN, PINTO BEANS, RICE  
**OPTION 2:** CRISPY CHICKEN SANDWICH MOZZARELLA WITH MARINARA CUP



### YOUR BREAKFAST & LUNCH INCLUDES:

- CHOICE OF 1% FAT FREE WHITE MILK & 1% FAT FREE CHOCOLATE
- FRUIT OF THE DAY
- VEGETABLE OF THE DAY



### BREAKFAST FRUIT:

- CANTALOUPE
- PINNEAPPLE
- MIXED FRUIT
- WATERMELON
- PEAR
- APPLE
- SEASONAL

### LUNCH FRUIT & VEGETABLE


- CARROTS & APPLESAUCE
- CORN SALAD & ORANGE SLICES
- SIDE SALAD, CARROTS, FRUIT CUP
- CUCUMBER & BANANA
- CUCUMBER, JICAMA & FRUIT CUP
- SIDE SALAD, PLUMS & TANGERINE

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# MIDDLE SCHOOL FEBRUARY 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>3</b> <b>BREAKFAST</b> WAFFLE OR CEREAL LUNCH <b>OPTION 1:</b> PEPPERONI PIZZA SANDWICH, PIZZA SAUCE, MOZZARELLA <b>OPTION 2:</b> ROAST BEEF &amp; CHEDDAR SANDWICH LETTUCE, TOMATO</p>	<p><b>4</b> <b>BREAKFAST</b> TURKEY SAUSAGE, EGG &amp; CHEESE SANDWICH OR CONCHA LUNCH <b>OPTION 1:</b> GROUND BEEF, BEAN &amp; CHEESE BURRITO <b>OPTION 2:</b> CHICKEN CORN DOG</p>	<p><b>5</b> <b>BREAKFAST</b> CINNAMON ROLL OR BAGEL &amp; CREAM CHEESE LUNCH <b>OPTION 1:</b> ANGUS BEEF CHEESEBURGER CHEDDAR CHEESE <b>OPTION 2:</b> CHICKEN &amp; CHEESE ENCHILADAS, CORN, PINTO BEANS, TOMATO RICE</p>	<p><b>6</b> <b>BREAKFAST</b> MARBLE BREAD OR CEREAL LUNCH <b>OPTION 1:</b> CHICKEN TENDERS &amp; WAFFLE FRIES <b>OPTION 2:</b> HOT ROAST BEEF &amp; CHEDDAR SANDWICH &amp; WAFFLE FRIES</p>	<p><b>7</b> <b>BREAKFAST</b> STRAMBERRY BREAKFAST BAR OR PANCAKES LUNCH <b>OPTION 1:</b> SPICY CRISPY BACON CHICKEN SANDWICH, SWISS CHEESE <b>OPTION 2:</b> CHICKEN WRAP, CHEESE, HUMMUS, MIXED GREENS, TOMATO, CUCUMBER, TZATZIKI, TORTILLA</p>
<p><b>10</b> <b>BREAKFAST</b> APPLE OATMEAL BAR OR CEREAL LUNCH <b>OPTION 1:</b> ANGUS BEEF CHEESEBURGER CHEDDAR CHEESE <b>OPTION 2:</b> CHICKEN PITA KIT, GARDEN VEGGIES, PITA, HUMMUS, TZATZIKI</p>	<p><b>11</b> <b>BREAKFAST</b> CHOCOLATE BENEFIT BAR OR CONCHA LUNCH <b>OPTION 1:</b> MINI CHICKEN CORN DOG &amp; TATER TOTS <b>OPTION 2:</b> PHILLY CHEESE STEAK, PEPPERS, ONIONS, MELTED CHEESE</p>	<p><b>12</b> <b>BREAKFAST</b> FRENCH TOAST OR BLUEBERRY BREAD LUNCH <b>OPTION 1:</b> TURKEY AND CHEDDAR WRAP, BLACK BEANS, CUCUMBER PICO, LETTUCE, CHIPOTLE MAYO <b>OPTION 2:</b> CHICKEN TENDERS, TATER TOTS</p>	<p><b>13</b> <b>BREAKFAST</b> PANCAKE OR CONCHA LUNCH <b>OPTION 1:</b> TURKEY AND CHEDDAR SANDWICH, LETTUCE, TOMATO <b>OPTION 2:</b> BEEF &amp; CHEESE ENCHILADAS, CORN, PINTO BEANS, TOMATO RICE</p>	<p><b>14</b></p>  <p><b>NO SCHOOL</b></p>
<p><b>17</b> <b>NO SCHOOL</b></p>  <p><b>HAPPY Presidents Day</b></p>	<p><b>18</b> <b>BREAKFAST</b> MAPLE WAFFLE OR BACON, EGG &amp; CHEESE BREAKFAST SANDWICH LUNCH <b>OPTION 1:</b> CHICKEN TINGA BURRITO, BEANS, CHEESE <b>OPTION 2:</b> CHICKEN CAESAR SALAD, ROMAINE, TOMATO, CROUTON, LITE PARMESAN DRESSING</p>	<p><b>19</b> <b>BREAKFAST</b> FRENCH TOAST OR CONCHA LUNCH <b>OPTION 1:</b> PANCAKE, TURKEY SAUSAGE, SCRAMBLED EGG, TATER TOTS <b>OPTION 2:</b> CHICKEN FAJITA PASTA, SPAGHETTI, BELL PEPPERS, TOMATO SAUCE</p>	<p><b>20</b> <b>BREAKFAST</b> MARBLE BREAD OR CINNAMON ROLL LUNCH <b>OPTION 1:</b> GRILLED CHICKEN SANDWICH, SWISS CHEESE <b>OPTION 2:</b> CHICKEN COBB SALAD, BACON, EGG, GREEN, TOMATO, CUCUMBER, CHEDDARR, CROUTONS</p>	<p><b>21</b> <b>BREAKFAST</b> CONCHA OR TURKEY SAUSAGE, EGG &amp; CHEESE BREAKFAST SANDWICH LUNCH <b>OPTION 1:</b> ROAST CHICKEN SALAD, LEAF LETTUCE, QUINOA, TOMATO, CUCUMBER, CABBAGE, BELL PEPPER, OLIVE, GARBANZO BEAN, HUMMUS, LEMON-TAHINI DRESSING <b>OPTION 2:</b> CHICKEN CORN DOG, MARINARA SAUCE</p>
<p><b>24</b> <b>BREAKFAST</b> CONCHA OR CEREAL AND YOGURT LUNCH <b>OPTION 1:</b> ANGUS BEEF CHEESEBURGER CHEDDAR CHEESE <b>OPTION 2:</b> CHICKEN CAESAR SALAD ROMAINE, TOMATO, CROUTON, LITE PARMESAN DRESSING</p>	<p><b>25</b> <b>BREAKFAST</b> BAGEL &amp; CREAM CHEESE OR CINNAMON ROLL LUNCH <b>OPTION 1:</b> BEEF NACHOS, REFRIED BEANS, CHEESE, TORTILLA CHIPS <b>OPTION 2:</b> ROAST BEEF &amp; CHEDDAR SANDWICH, LETTUCE, TOMATO</p>	<p><b>26</b> <b>BREAKFAST</b> EGG &amp; CHEESE BREAKFAST SANDWICH OR CONCHA LUNCH <b>OPTION 1:</b> TURKEY HOT DOG, TATER TOTS <b>OPTION 2:</b> SPAGHETTI WITH MEAT BALLS MARINARA SAUCE</p>	<p><b>27</b> <b>BREAKFAST</b> BLUEBERRY WAFFLE OR STRAWBERRY BREAKFAST BAR LUNCH <b>OPTION 1:</b> CHICKEN TENDERS WAFFLE FRIES <b>OPTION 2:</b> CHINESE CHICKEN SALAD GREENS, CARROT, EDAMAME, CUCUMBER, GINGER HOISIN DRESSING, MG SNACK</p>	<p><b>28</b> <b>BREAKFAST</b> TURKEY SAUSAGE, EGG &amp; CHEESE BREAKFAST SANDWICH OR PANCAKE LUNCH <b>OPTION 1:</b> CRISPY CHICKEN SANDWICH, MOZZARELLA WITH MARINARA <b>OPTION 2:</b> CHEF'S SALAD LETTUCE, TURKEY, BACON, EGG, CHEDDAR, CUCUMBER, TOMATO, GARBANZO BEANS, CROUTON, MG SNACK</p>
				
<p><b>YOUR BREAKFAST &amp; LUNCH INCLUDES:</b></p> <ul style="list-style-type: none"> <li>-CHOICE OF 1% FAT FREE WHITE MILK &amp; 1% FAT FREE CHOCOLATE</li> <li>-FRUIT OF THE DAY</li> <li>-VEGETABLE OF THE DAY</li> </ul>		<p><b>BREAKFAST FRUIT:</b></p> <ul style="list-style-type: none"> <li>-CANTALOUPE</li> <li>-PINNEAPPLE</li> <li>-MIXED FRUIT</li> <li>-WATERMELON</li> <li>-PEAR</li> <li>-APPLE</li> <li>-SEASONAL</li> </ul>		<p><b>LUNCH FRUIT &amp; VEGETABLE</b></p> <ul style="list-style-type: none"> <li>-CARROTS &amp; APPLESAUCE</li> <li>-CORN SALAD &amp; ORANGE SLICES</li> <li>-SIDE SALAD, CARROTS, FRUIT CUP</li> <li>-CUCUMBER &amp; BANANA</li> <li>-CUCUMBER, JICAMA &amp; FRUIT CUP</li> <li>-SIDE SALAD, PLUMS &amp; TANGERINE</li> </ul>

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# SNACK FEBRUARY 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> SNACK APPLE OATMEAL BAR SNACK SIZE 100% JUICE	<b>4</b> SNACK DORITOS 100% JUICE	<b>5</b> SNACK CHOCOLATE CHIP CRISP 100% JUICE	<b>6</b> SNACK BIG GOLDFISH 100% JUICE	<b>7</b> SNACK CHEEZ ITS 100% JUICE
<b>10</b> SNACK CINNAMON CRISP 100% JUICE	<b>11</b> SNACK REDUCED FAT DORITOS 100% JUICE	<b>12</b> SNACK MAPLE WAFFLE SNAP 100% JUICE	<b>13</b> SNACK GOLDFISH 100% JUICE	<b>14</b>  NO SCHOOL
<b>17</b> NO SCHOOL 	<b>18</b> SNACK CHEEZ IT 100% JUICE	<b>19</b> SNACK GOLDFISH PRETZEL 100% JUICE	<b>20</b> SNACK CEREAL 100% JUICE	<b>21</b> SNACK REDUCED FAT COOL RANCH DORITOS 100% JUICE
<b>24</b> SNACK RITZ CRACKER AND CHEESE STICK 100% JUICE	<b>25</b> SNACK GOLDFISH 100% JUICE	<b>26</b> SNACK WHOLE GRAIN CHOCOLATE CHIP RICE KRISPIE 100% JUICE	<b>27</b> SNACK SUNFLOWER SEEDS 100% JUICE	<b>28</b> SNACK CINNAMON CRISP 100% JUICE
				

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