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JULY 2024

BREAKFAST & LUNCH MENU

WEDNESDAY

MONDAY

BREAKFAST PANCAKES, SYRUP, CANTALOUPE, MILK LUNCH

PENNE WITH MEATBALLS CARROTS MARINARA APPLE SAUCE, MILK

(1×, FAT FREE, CHOCOLATE)

8 **BREAKFAST** FRENCH TOAST, SYRUP CANTALOUPE, MILK LUNCH

CHICKEN, BEAN AND CHEESE BURRITO, CARROT & RANCH, FRUIT CUP, MILK

(1%, FAT FREE, CHOCOLATE)

BREAKFAST

CONCHA, CANTALOUPE, MILK LUNCH GRILLED CHICKEN PASTA, PENNE, PEAS, CARROTS. **CORN, CREAMY TOMATO**

SAUCE, APPLE SAUCE, MILK (1%, FAT FREE, CHOCOLATE)

22 **BREAKFAST BLUEBERRY WAFFLE, SYRUP,** CANTALOUPE, MILK LUNCH **GROUND BEEF NACHO PINTO** BEANS, CHEESE SAUCE,

RANCH, APPLE, MILK

29 **RRFAKFAST** FRENCH TOAST, SYRUP, CANTALOUPE, MILK LUNCH

SPAGHETTI WITH MEATBALLS CARROT, MARINARA, APPLE SAUCE, MILK

(1×, FAT FREE, CHOCOLATE)

TUESDAY

BREAKFAST CONCHA, PINEAPPLE, MILK LUNCH

TURKEY AND CHEDDAR WRAP, LETTUCE, TOMATO. RANCH, TORTILLA, CUCUMBER, TAJIN, ORANGE SLICES. MILK

(1×, FAT FREE, CHOCOLATE)

BREAKFAST

CONCHAS, PINEAPPLE, MILK

LUNCH

CHICKEN CORN DOG,

CARROTS, JICAMA &

RANCH, ORANGE SLICES.

MILK

(1% FAT FREE CHOCOLATE)

BREAKFAST

CINNAMON ROLL,

PINEAPPLE, MILK

LUNCH

TWO CHEESE ENCHILADAS

PINTO BEAN, MEXICAN RICE,

ROAST CORN SALAD,

ORANGE SLICES, MILK

(1×, FAT FREE, CHOCOLATE)

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10 **BREAKFAST**

BREAKFAST SANDWICH BACON, EGG, CHEESE, MIXED FRUIT, MILK

LUNCH

GROUND BEEF NACHO BOWL PINTO BEANS, CHEESE SAUCE, CORN CHIPS, CORN SALAD, FRUIT CUP, MILK

(1×, FAT FREE, CHOCOLATE)

RDFAKFAST BERRY YOGURT PARFAIT, GRANOLA, MIXED FRUIT, MILK

LUNCH ANCHO CHICKEN SALAD, ROMAINE, TOMATO, CUCUMBER. ROAST CORN, RED ONION, BLACK REAN CHEDDAR CHEESE HERR

CROUTON, BBQ RANCH, FROZEN FRUIT CUP, MILK

(1×. FAT FREE, CHOCOLATE)

THURSDAY

FRIDAY

BREAKFAST BLUEBERRY WAFFLE. APPLE, MILK LUNCH

CHICKEN CORN DOG, **CARROTS & RANCH.** GRAPES, MILK

(1×. FAT FREE, CHOCOLATE)

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BREAKFAST MARBLE BREAD SEASONAL FRUIT, MILK

LUNCH

CHEESEBURGER, GARDEN SALAD, RANCH, FRUIT CUP, MILK

(1×, FAT FREE, CHOCOLATE)

12 **BREAKFAST** BAGEL & CREAM CHEESE. APPLE, MILK

LUNCH WHOLE GRAIN CHICKEN TENDERS, CUCUMBER &

TAJIN, GRAPES, MILK (1×, FAT FREE, CHOCOLATE)

17 RDFAKFAST

BREAKFAST BURRITO EGG, CHEESE, POTATO, MIXED FRUIT, MILK

LUNCH

ALL BEEF HOT DOG, CARROT, BROCCOLI, RANCH, FROZEN FRUIT CUP, MILK

(1×, FAT FREE, CHOCOLATE)

18 **BREAKFAST** PANCAKE, SYRUP, WATERMELON, MILK

LUNCH

GRILLED CHICKEN SANDWICH MOZZARELLA, MARINARA, JICAMA & CUCUMBER, TAJIN, BANANA, MILK

(1×, FAT FREE, CHOCOLATE)

19 BREAKFAST

MARBLE BREAD, GRAPES, MILK LUNCH

CHICKEN TACO WRAP. CHEDDAR CHEESE, LETTUCE, CABBAGE, PICO DE GALLO, BLACK BEAN, SPREAD. TORTILLA, SEASONAL FRUIT, MILK

(1%, FAT FREE, CHOCOLATE)

SALSA, TOSTITOS, CARROT &

(1×, FAT FREE, CHOCOLATE)

23 **BREAKFAST**

MARBLE BREAD. PINEAPPLE, MILK LUNCH

CHICKEN CORN DOG. CARROTS, JICAMA & RANCH, ORANGE SLICES,

MILK (1×, FAT FREE, CHOCOLATE)

24 BREAKFAST

BREAKFAST BOWL TURKEY SAUSAGE, EGG, CHEESE, TATER TOTS, MIXED FRUIT, MILK

LUNCH

CHICKEN TENDERS, CUCUMBER & TAJIN, FROZEN FRUIT CUP, MILK

(1×, FAT FREE, CHOCOLATE)

25 **BREAKFAST**

BREAKFAST SANDWICH BACON, EGG, CHEESE, SEASONAL FRUIT. MILK

LUNCH BEEF FAJITA BOWL BELL

PEPPER, ONION, TOMATO RICE, PINTO BEANS, FRUIT CUP, MILK

(1%, FAT FREE, CHOCOLATE)

26 **BREAKFAST**

BAGELS & CREAM CHEESE, APPLE, MILK

LUNCH

CHEESEBURGER CHEDDAR CHEESE, BROCCOLI, CARROT, RANCH, GRAPE, MILK

(1%, FAT FREE, CHOCOLATE)

30

BREAKFAST CONCHA, PINEAPPLE, MILK

LUNCH

ALL BEEF HOT DOG, CUCUMBER, TAJIN, ORANGE SLICES, MILK

(1×, FAT FREE, CHOCOLATE)

31 **BREAKFAST**

BREAKFAST BURRITO EGG, CHEESE, POTATO, MIXED FRUIT, MILK

LUNCH

TERIYAKI CHICKEN ONION, CARROT, PEAS, STEAMED RICE, SIDE SALAD, RANCH, FROZEN FRUIT CUP, MILK

(1% FAT FREE CHOCOLATE)





ALL GRAINS SERVED ARE WHOLE GRAIN RICH. TODOS LOS GRANOS SERVIDOS SON RICOS EN GRANOS ENTEROS. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER. ESTA INSTITUCIÓN ES UN PROVEEDOR QUE OFRECE IGUALDAD DE OPORTUNIDADES. *MENU IS SUBJECT TO CHAMBE PULTULI NUTICE.
PEL MENÚ ESTÁ SUJETO A CAMBIOS